

## [lk0st.ebook] The Only Way Out Pdf Free

*Elizabeth Cash*

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**Elizabeth Cash : The Only Way Out** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Only Way Out:

0 of 0 people found the following review helpful. Amazing Debut Novel By Jen SutI love it when you find the right book at the right time. This was definitely the right book. Mental illness is a topic that is usually over dramatized in movies and books. I felt this book presented an accurate view. It showed that although it is always there, it is sometimes more difficult to battle than other times. Sometimes it is in the background, while other times it grabs a hold and won't let go. It takes over your thoughts and can make the bad seem worse than it actually is. The characters were real. I bonded with Wednesday and Tori right away. Their friendship is a strong focus of the story. I loved them together. The other characters were interesting especially Finn. The flow of the book was perfect. I read it in one sitting. I had to find out where the characters were going. I thoroughly enjoyed this book and plan on recommending it to anyone who will listen. Did I mention I loved this book? I loved this book! 0 of 0 people found the following review helpful. An amazing debut!!! By Stephenee This is author Elizabeth Cash's debut novel and it knocks the reader off of their feet!! She writes with the style, flow and elegance of a much more seasoned writer and if I didn't know this was her first book I would have never guessed it!! She has created a tale about depression, suicide and loss that should and will make every reader cry, offer help to anyone who needs it and in turn give the reader insight on the life of someone who suffers from severe depression. She writes the story with facts but also with compassion. The reader gains insight on how someone feels but they also gain empathy, knowledge and hope. The main character, Wednesday, suffers from depression, feelings of hopelessness, loss and even disbelief that she should be alive, but at the same time she has things to hope for and people to lean on throughout her life. She has suffered several blows throughout her short life but in one moment it could all change for the better. The plot is unique, there are so many twists, turns, loops and curves that the reader never knows what is coming next and the reader will run through every emotion known as they try to figure out what will happen next. This is a can't miss read and I will be anxiously awaiting the next book by this author! Don't stop writing, you will be going far, I can see it now!! Sit back, grab some tissues and be prepared to be wowed! It is that good!! 0 of 0 people found the following review helpful. If you like an emotional rollercoaster then you need to read this book. By xrayer Get the kleenex out and hang on for a wild emotional ride. Right from the beginning we see Wednesday as she is struggling with her depression. Each and every day you will see the highs and lows that she has. From dark feelings to lightness. This girl's life is not easy. Ms. Cash did a great job of writing for us to feel all the emotional turmoil that Wednesday has. As this story progresses we see some characters arrive that will help Wednesday in her struggles. An awesome debut novel that will keep you turning the pages as you cry, laugh, and scream with frustration. Just when you have hope there is a downturn but in the end you can see family and friendship will help Wednesday rise up. There is no cliffhanger but would love to see a second book with more Wednesday and

Jacob. Hint, Hint.

Depression is a funny thing. Just when you think you have defeated it, and things are looking up, it comes out of hiding to play with your mind. Leaving you to wonder why you're even living. Wednesday Emmerson was no stranger to depression. Her life has always been one traumatic event after another. When she meets Brian, she thinks her life has finally made the turn around she so desperately needed. Then he leaves her after three years, with no explanation or goodbye, and she is left once again to wonder where she went wrong in life. When she feels like she can no longer fight in the ever pending battle with her own mind, she makes a rash decision that will change her life for ever, and will bring her news that she never expected to hear. Everything else that follows is just another day in paradise.

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